

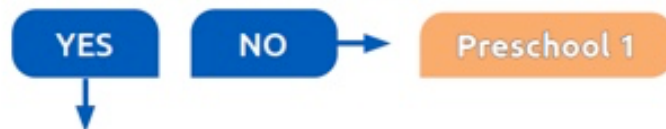
4 Months - 5 Years Skills Screening

What can you do in the water?

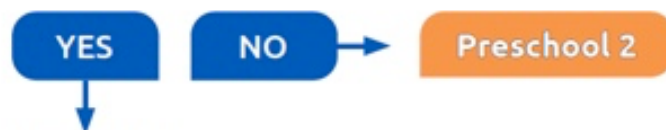
Are you 3-5 years of age?



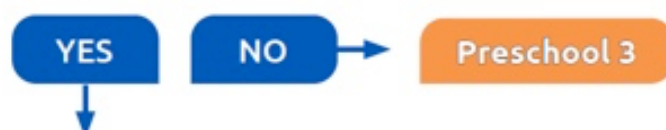
Can you get your face wet and float on your front and back with assistance?



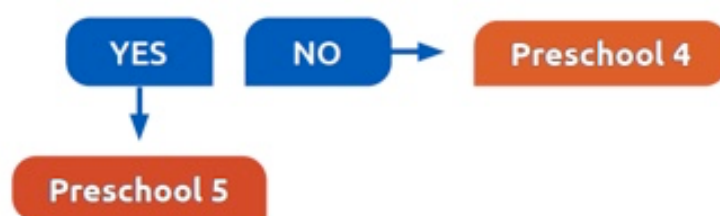
Can you flutter kick on your back with a buoyant aid?



Can you kick on your front and back?



Are you comfortable in deeper water and can swim 5 meters?



** If your child is under 3 years old, register in Parent & Tot classes.
When your child is 3 years old, consider registering them in Preschool levels.*

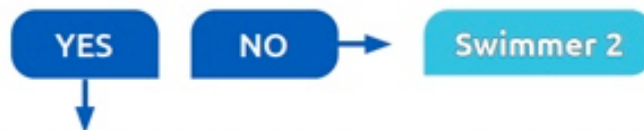
6 - 12 Years Skills Screening

What can you do in the water?

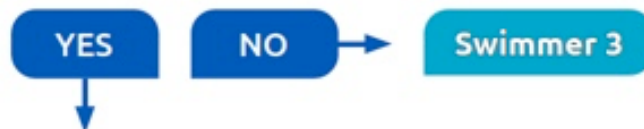
Can you get your face wet, float on your front, back, and side, and flutter kick?



Can you swim front crawl and back crawl for 10 meters?



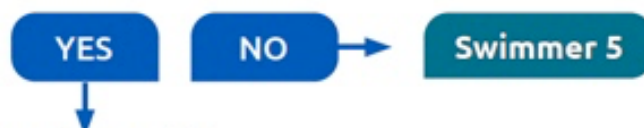
Can you swim front crawl and back crawl for 15 meters, and whip kick for 10 meters?



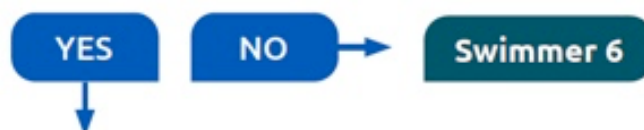
Can you swim front crawl and back crawl for 25 meters?



Can you swim breaststroke for 25 meters?



Can you swim 300 meters continuously?



Canadian Swim Patrol

13+ Years Skills Screening

What can you do in the water?

Are you comfortable in the water and can you swim 10 meters on your front or your back?



Can you whip kick, front crawl, or back crawl 25 meters?



Are you interested in improving your strokes and swim skills and want to swim farther?



OR: Are you a good swimmer who wants to learn for fitness?

